Moundridge Manor Weekly Bulletin

Moundridge Manor | PO Box 800 | Moundridge, KS 67107 | 620-345-6364

#### Once Again . . . Phase 1 Re-Opening Anticipated

The Manor has received approval to move into their Phase 1 re-opening plan as there are currently no positive Covid cases among residents or staff. Beginning on Tuesday, February 2 at breakfast, the Courtyard Café and Sunshine Diner are open for all meals once again! The plan is to begin small group activities of 10 or less on Monday, February 15. The Activity Room is being converted back for more normal use after having served as the East Care Unit for Covid positive cases since the middle of October. The rehab department will continue with Intercom Exercises until further notice. Phase 1 will continue for a minimum of 14 days. Further developments will be posted, as needed. There is still the chance that Phase 0 would have to be put in place again if there are positive Covid cases among employees and/or residents that have resulted in exposure. So. . . let's enjoy the progress and be thankful for what we can do today!! The following still applies when outside of your room:

- 6-feet social distancing
- Frequent hand hygiene
- Face covering that covers mouth & nose

#### DINING TIMES FOR RESIDENTS BREAKFAST (1st Setting) – 7:00 am

Courtyard Café – Rosewood Ave. (Hall 4) Sunshine Diner – Friendship Lane (Hall 1) BREAKFAST (2nd Setting) – 8:00 am Courtyard Café – Apple, Bluestem, Clover Sunshine Diner – Meadow Lane (Hall 3)

DINNER (1st Setting) – 11:30 am Courtyard Café – Rosewood Ave. (Hall 4) Sunshine Diner – Friendship Lane (Hall 1) DINNER (2nd Setting) – 12:30 pm Courtyard Café – Apple, Bluestem, Clover

Sunshine Diner – Meadow Lane (Hall 3) SUPPER (1st Setting) – 4:45 pm

Courtyard Café – Rosewood Ave. (Hall 4) Sunshine Diner – Friendship Lane (Hall 1)

SUPPER (2nd Setting) – 5:30 pm Courtyard Café – Apple, Bluestem, Clover Sunshine Diner – Meadow Lane (Hall 3)

# 18th in a series of "Getting To Know You" about the Manor residents. **Resident Story – Rosa Holdeman**

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I was born to Albert & Bessie Mastre on October 3, 1924 at Grafton, North Dakota. Min. I. N. Mastre was my Grandpa. Min. Clifford Mastre was a dear uncle of mine. As a young girl I washed the discs of our cream separator. We were seven children - Mae, Betty, myself, Carabelle, Orval, Percy (lives in Sunrise Apt.) and Lois. We had lots of fun growing up together. We had lots of chickens and liked to play Hide 'n Seek behind the chicken houses. For my dad's health, we moved to Kansas when I was 14. We hated leaving North Dakota. My dad bought the small service station in Galva, and he put in a larger gas station named Mastre Cash Service. Some of my sisters helped fill the vehicles with gas, but I didn't enjoy that. I liked to make pies for our lunch counter. That's where my future husband Alfred Koehn found me. We were married guite young – I was barely 17. Alfred rented a farm so he didn't need to go to camp as he had a farm deferment. He needed a wife and I had my eve on him and gladly accepted. Also, we did suitcase farming at Scott City, Kansas, where we lived for eight years. Then we moved to Wisconsin and had a dairy farm. My husband was ordained as a deacon while living here. We have seven children - Veril (Eileen), Rio Verde, Goias, Brazil; Shirley (Lyndon) Koehn, Almena, WI; Janet (Melvin) Mazelin, Monterey, TN; Lorraine (Lee) Friesen, Hazelton, ID; Richard (Ella), Almena, WI; Calvin (Anna Mae), Belleville, PA; and Cliff, Barron, WI. Veril has passed away and Cliff lives with a caregiver as he has Down's Syndrome. There was plenty of work on the farm for all of them. We enjoyed taking trips together - we even built a house near our married son's place in Brazil and enjoyed living there. Our son, Richard, took over the home place in Wisconsin. Alfred died in 1993 - I was alone a number of years. Then I married Willard Holdeman. We had seven happy years together. Then I moved to the Sunrise Apartments. I loved serving refreshments to family and friends at my little apartment. In May 2019 I moved here to my room at the Manor. I still enjoy pie and coffee with friends. Now I have 98 grandchildren, great-grandchildren and great-great grandchildren. My first great-great grandchild, Easton Haze Koehn, was born January 21, 2021 to granddaughter Kari (Donovan) Koehn and I enjoyed seeing him in a FaceTime call a few weeks ago.

# WEEKLY ACTIVITY SCHEDULE

# February 3 – February 9, 2021

# Wednesday, February 3:

8:30 Devotions & Singing (Broadcast)
9:15 Intercom Chair Exercises
10:30 Intercom Story - <u>The Lilac Lady</u>
2:30 Store Cart
Happy Birthday to Crystal Koehn on Friendship Lane!

## Thursday, February 4:

8:30 Devotions & Singing (Broadcast)
9:15 Intercom Chair Exercises
10:30 Intercom Story - <u>The Lilac Lady</u>
2:30 Intercom Bingo
7:30 Gospel Singing - Suncrest (Broadcast)

## Friday, February 5:

8:30 Devotions & Singing (Broadcast)
9:15 Intercom Chair Exercises
10:30 Intercom Story – <u>The Lilac Lady</u>
2:30 Library Cart

Saturday, February 6: 8:30 Devotions & Singing (Broadcast) 3:00 Intercom Sunday School Reading-<u>Lesson 10</u>

**Sunday, February 7:** 10:30 Worship Broadcast – Zion

# Monday, February 8:

8:30 Devotions & Singing (Broadcast)
9:15 Intercom Chair Exercises
10:30 Intercom Story - <u>The Lilac Lady</u>
2:30 Valentine Craft Cart
7:30 Three & One Quartet

#### Tuesday, February 9: NATIONAL PIZZA DAY

8:30 Devotions & Singing (Broadcast)
9:15 Intercom Chair Exercises
10:30 Songs of Yesterday (Broadcast)
2:30 Fruit Pizza Snack Cart

3:30 Intercom Story – <u>The Lilac Lady</u>



# **ACTIVITY INFORMATION**

You will receive 36 tickets each week to spend on Manor Store items. We will have Store items on the Activity Cart on Wednesdays.

If you have an activity request please have your Door Hanger request sign out by 9:00 a.m. to be filled that day. If you don't have one please ask someone from Activities. Also, you may call the Activity Office at (620) 345-6364, ext. 702.

If you would like to order from Wal-Mart please have your request to the Activity Office by <u>Friday</u>, <u>February</u> 5, 2021.

Please let Activity Staff know is you would like to do a WhatsApp video call or FaceTime with a family member. We will schedule that with you.

Cheer Basket gifts and personal deliveries are being held for 24 hours for infection control reasons – so do not expect immediate delivery of these items.

The Manor received permission from the county health department to move into Phase 1 on February 2, 2021. Dining will resume in the Courtyard Café and Sunshine Diner with social distancing though group activities and family visitations remain on hold. The Manor is in regular communication with your primary representative and keeping them informed of all developments. McPherson County has extended Phase 2 of the county reopening status through February 8, 2021 due to local hospital capacity, provider feedback, and high positivity rates.



#### Update as of 2-2-2021:

#### WORLD:

- Total cases: 103,645,110
- Worldwide deaths: 2,245,649 UNITED STATES:
- Total cases: 26,349,627
- Deaths: 444,336

KANSAS:

- Total cases: 276,668 (1,983 new since 1/29)
- Deaths: 3,809 (30 new since 1/29)
- Hospitalizations: 8,489 (72 new since 1/29)
- Negative tests: 900,949

#### McPHERSON COUNTY:

- Total cases: 2,972 (25 new since 1/26)
- Recovered: 1,772
- Deaths: 65
- Hospitalizations: 12 current

The Manor will continue to take all prudent actions to keep everyone as safe as possible in the coming days.