

Moundridge Manor Weekly Bulletin

Moundridge Manor | PO Box 800 | Moundridge, KS 67107 | 620-345-6364



REFLECTIONS

Kevin Unruh, Administrator: The past year has definitely been a challenge and it is overwhelming to look back and see what all we have been through together. The pandemic has been the most difficult, stressful journey the Manor has needed to traverse. It has affected each one physically, mentally and emotionally to some degree. Through it all I believe we made the best decisions possible with the information we had at the time. We have felt your support in so many ways even at times when you did not fully understand and we appreciate and thank you for it. We ask forgiveness if anyone was offended. It has been a year of patient endurance and it is our goal to place our hand in the Lord's and continue the journey.

Karla Wedel, Director of Nursing: Recently I was asked "Isn't your job boring?" I'm not sure I answered then but I've had many thoughts since. This past year? There has never been a time when I have had such turmoil in my soul...knowing if this was allowed it could be physical illness and/or death and if not allowed it could cause conflict, isolation, loneliness with residents, family or staff. Regulations caused us to restrict areas more than ever thought possible. Everyone had to be flexible above and beyond imagination. Most of us in the Manor walls seen it all: death, sickness, loneliness, isolation...but not all was negative – there was also laughter, relationships that would not have happened otherwise, smiles, and support. Residents and staff reaching out to each when there was a bad day and encouraging others on a good day. Busy? Discouraging? Rewarding? Encouraging? Exhausting? All YES! Boring, NO!

Charles Dyck, Board Chairman: What at feeling one year ago when we were told that we could not come into the Manor. Who would have thought it would be a year. What we have learned through it all: 1. How much we miss you as residents. 2. How much we enjoy interacting with all the employees. 3. How very thankful we as a board are for wonderful, amazing, caring staff that stuck it out through rough times and blessed you residents with loving care.

ONE YEAR OF COVID-19

March 13 marks the one-year anniversary of our experience with the Covid-19 pandemic. First reported in China in late 2019 the virus has now spread worldwide. Since the virus seemed to affect older adults and compromised individuals particularly hard, the Centers of Medicare & Medicaid Services (or the governing body overseeing skilled nursing facilities) made the decision to close the doors of facilities nationwide to visitors for their protection. Precautions were made to help slow the spread of the virus and to keep the medical system from becoming overwhelmed. Employees began taking their temperatures and answering a screening form for signs of illness before coming to work. We became familiar with terms such as social distancing, hand hygiene, masks, quarantine, PPE, isolation, pandemic, PCR test, window visits and FaceTime. The daily way of life we were used to changed overnight – but over the course of the last year everyone associated with Moundridge Manor has learned to adapt. Friends and family have reached out and shared their love in many, many ways – letters from people near and far, schoolchildren sharing their love, drive-by parades, and singing many evenings from around the conference has been a blessing! In October 2020 the Manor experienced their first case of Covid-19 and in the following three months we learned to endure again in a new way – positive cases were experienced by 36 residents and 59 employees. Four of our dear residents passed away from complications of Covid-19. You have shared how you coped – with prayer, acceptance, patience, visits with family at your window or over the phone, finding ways to keep busy in new ways, etc. Through it all the Manor administration and Covid Response Team have endeavored to keep everyone as safe as possible – for which we are all tremendously grateful! With the administration of the vaccine ongoing we are hopeful that life will continue moving towards 'normal'! Residents have expressed how they are looking forward to not wearing masks, having friends and family once again come in to the building or going out with them, going to activities and being able to move freely about the facility. We have endured for an entire year and hopefully we can say "God is still good!"

When it rains look for rainbows, when it's dark look for stars.

WEEKLY ACTIVITY SCHEDULE

March 10 – March 16, 2021

Wednesday, March 10:

8:30 Devotions & Singing (Broadcast)
9:15 Intercom Chair Exercises
10:30 Intercom Story – The Grandma's Attic Storybook
2:30 Store Cart
3:30 Arts 'n Crafts II* (Coffee Shop)

Thursday, March 11:

8:30 Devotions & Singing (Broadcast)
9:15 Intercom Chair Exercises
10:30 Intercom Story – The Grandma's Attic Storybook
2:30 Intercom Bingo
7:30 Gospel Singing – Gospel (Broadcast)

Friday, March 12:

8:30 Devotions & Singing (Broadcast)
9:15 Intercom Chair Exercises
10:15 Intercom Story – The Grandma's Attic Storybook
11:00 Circle of Friends*
2:30 Arts 'n Crafts III*

Saturday, March 13:

8:30 Devotions & Singing (Broadcast)
3:00 Intercom Sunday School Reading-Lesson 2
Happy Birthday to Irene Unruh on Bluestem Lane!

Sunday, March 14: Daylight Savings Time Begins

10:30 Worship Broadcast – Gospel

Monday, March 15:

8:30 Devotions & Singing (Broadcast)
9:15 Intercom Chair Exercises
10:15 Intercom Story – The Grandma's Attic Storybook
11:00 Fireside Chat*
2:30 Garden Club I*

Tuesday, March 16:

8:30 Devotions & Singing (Broadcast)
9:15 Intercom Chair Exercises
10:30 Songs of Yesterday (Broadcast)
11:15 Fifteen Minute Club*
2:30 Popcorn Cart*
3:30 Intercom Story – The Grandma's Attic Storybook

****By Invitation ONLY****



WE REMEMBER

Anna Wiggers – 3/3/2021
Priscilla Schmidt – 3/9/2021

ACTIVITY INFORMATION

You will receive 36 tickets each week to spend on Manor Store items. We will have Store items on the Activity Cart on Wednesdays.

For activity requests you may come to the Activity Office in Cottonwood Pointe or call the Activity Office at (620) 345-6364, ext. 305. We do have a variety of circle word puzzles, sticker art, coloring pages, etc. for you to do if you wish.

If you would like to order from Wal-Mart please have your request to the Activity Office by Friday, March 19, 2021.

Please let Activity Staff know if you would like to do a WhatsApp video call or FaceTime with a family member. We will schedule that with you.

Cheer Basket gifts and personal deliveries are being held for 24 hours for infection control reasons – so do not expect immediate delivery of these items.

The Manor received permission from the county health department to move into Phase 1.5 on February 22, 2021. Dining has resumed in the Courtyard Café and Sunshine Diner with social distancing. Small group activities of 10 resumed on February 15, 2021. Family visitations began March 1, 2021. The Manor is in regular communication with your primary representative and keeping them informed of all developments. McPherson County moved to Phase 3 of the county reopening status effective February 10, 2021 and will be again reviewed March 23, 2021.



Update as of 3-9-2021:

WORLD:

- Total cases: 117,286,481
- Worldwide deaths: 2,602,922

UNITED STATES:

- Total cases: 29,042,262
- Deaths: 526,020

KANSAS:

- Total cases: 296,541 (590 new since 3/5/21)
- Deaths: 4,816 (4 new since 3/5/21)
- Hospitalizations: 9,411 (24 new since 3/5/21)
- Negative tests: 978,415

McPHERSON COUNTY:

- Total cases: 3,194 (25 new since 3/2/21)
- Recovered: 3,081
- Deaths: 81
- Hospitalizations: 2 current

The Manor will continue to take all prudent actions to keep everyone as safe as possible in the coming days.