

- Attachment I Ia:

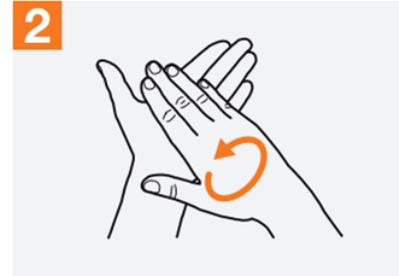
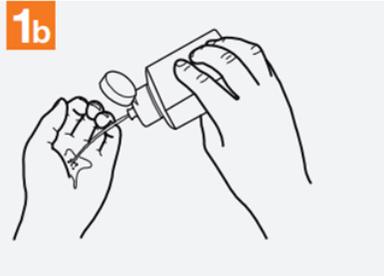
How to Handrub?

RUB HANDS FOR HAND HYGIENE! WASH HANDS WHEN VISIBLY SOILED

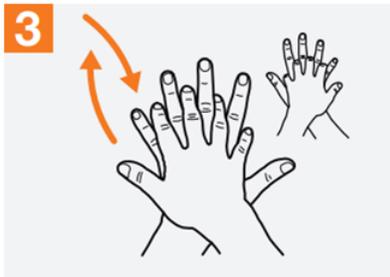
🕒 Duration of the entire procedure: 20-30 seconds



Apply a palmful of the product in a cupped hand, covering all surfaces;



Rub hands palm to palm;



Right palm over left dorsum with interlaced fingers and vice versa;



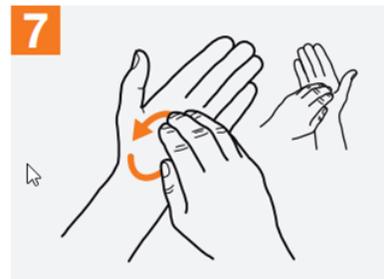
Palm to palm with fingers interlaced;



Backs of fingers to opposing palms with fingers interlocked;



Rotational rubbing of left thumb clasped in right palm and vice versa;



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



Once dry, your hands are safe.



World Health Organization

Patient Safety

A World Alliance for Safer Health Care

SAVE LIVES
Clean Your Hands

- Attachment 11b:

COUGH ETIQUETTE

COVER YOUR COUGH



- Cover your mouth and nose with a tissue when you cough or sneeze
- OR
- Cover your mouth and nose using your upper sleeve, not your hands, when you cough or sneeze
- Put the used tissue in a waste basket
- Wash your hands with soap and water
- OR
- Clean them with an alcohol-based hand rub if soap and water are not available

If you're visiting a hospital or personal care home when you have a cough or cold, you may be asked to put on a surgical mask to protect others from infection.

HELP PREVENT THE SPREAD OF INFECTION

- Attachment 12a:

DEMENTIA:

AN UMBRELLA TERM TO DESCRIBE A CERTAIN SET OF SYMPTOMS THAT INDICATE A BRAIN DISORDER OF SOME KIND.

ALZHEIMER'S DISEASE

60% TO 80% MOST COMMON TYPE OF DEMENTIA CASES

CAN CAUSE MEMORY LOSS, BEHAVIORAL CHANGES, AND CONFUSION

FRONTO-TEMPORAL LOBAR DEGENERATION (FTLD)

ABOUT 10% OF DEMENTIA CASES

CAN CAUSE PERSONALITY CHANGES AND DIFFICULTY COMPREHENDING LANGUAGE

VASCULAR DEMENTIA

40% OF DEMENTIA CASES

Can cause **IMPAIRED JUDGMENT** and **DECISION MAKING**, and **POOR MOTOR FUNCTION**

PARKINSON'S DISEASE

Can affect **MOVEMENT**, causing **SLOWNESS**, **RIGIDITY**, and **GAIT CHANGES**

INCIDENCE OF PD IS ABOUT 1/10 THAT OF ALZHEIMER'S

DEMENTIA WITH LEWY BODIES

Symptoms are similar to Alzheimer's, with early symptoms including **SLEEP DISTURBANCES**, **VISUAL HALLUCINATIONS**, and **VISUOSPATIAL IMPAIRMENT**

CREUTZFELDT-JAKOB DISEASE

RARE AND RAPIDLY FATAL

IMPAIRS MEMORY AND COORDINATION, CAUSES CHANGES IN BEHAVIOR

NORMAL PRESSURE HYDROCEPHALUS

SYMPTOMS: **DIFFICULTY WALKING**, **MEMORY LOSS**, and **URINARY INCONTINENCE**

LESS THAN 5% OF DEMENTIA CASES

Attachment 14a: “Nursing Home Residents’ Rights”

*See 42 CFR §483 for a full listing of Residents’ Rights

Residents of nursing homes have rights that are guaranteed by the federal Nursing Home Reform Law. The law requires nursing homes to “promote and protect the rights of each resident” and stresses individual dignity and self-determination. Many states also include residents’ rights in state law or regulation.

 **Right to a Dignified Existence**

- Be treated with consideration, respect, and dignity, recognizing each resident’s individuality
- Freedom from abuse, neglect, exploitation, and misappropriation of property
- Freedom from physical or chemical restraints
- Quality of life is maintained or improved
- Exercise rights without interference, coercion, discrimination, or reprisal
- A homelike environment, and use of personal belongings when possible
- Equal access to quality care
- Security of possessions

 **Right to Self-Determination**

- Choice of activities, schedules, health care, and providers, including attending physician
- Reasonable accommodation of needs and preferences
- Participate in developing and implementing a person-centered plan of care that incorporates personal and cultural preferences
- Choice about designating a representative to exercise his or her rights
- Organize and participate in resident and family groups
- Request, refuse, and/or discontinue treatment

 **Right to be Fully Informed of**

- The type of care to be provided, and risks and benefits of proposed treatments
- Changes to the plan of care, or in medical or health status
- Rules and regulations, including a written copy of residents’ rights
- Contact information for the long-term care ombudsman program and the state survey agency
- State survey reports and the nursing facility’s plan of correction
- Written notice before a change in room or roommate
- Notices and information in a language or manner he or she understands (Spanish, Braille, etc.)

 **Right to Raise Grievances**

- Present grievances without discrimination or retaliation, or the fear of it
- Prompt efforts by the facility to resolve grievances, and provide a written decision upon request
- To file a complaint with the long-term care ombudsman program or the state survey agency

 **Right of Access to**

- Individuals, services, community members, and activities inside and outside the facility
- Visitors of his or her choosing, at any time, and the right to refuse visitors
- Personal and medical records
- His or her personal physician and representatives from the state survey agency and long-term care ombudsman program
- Assistance if sensory impairments exist
- Participate in social, religious, and community activities

 **Rights Regarding Financial Affairs**

- Manage his or her financial affairs
- Information about available services and the charges for each service
- Personal funds of more than \$100 (\$50 for residents whose care is funded by Medicaid) deposited by the facility in a separate interest-bearing account, and financial statements quarterly or upon request
- Not be charged for services covered by Medicaid or Medicare

 **Right to Privacy**

- Regarding personal, financial, and medical affairs
- Private and unrestricted communication with any person of their choice
- During treatment and care of personal needs

 **Rights During Discharge/Transfer**

- Right to appeal the proposed transfer or discharge and not be discharged while an appeal is pending
- Receive 30-day written notice of discharge or transfer that includes: the reason; the effective date; the location going to; appeal rights and process for filing an appeal; and the name and contact information for the long-term care ombudsman
- Preparation and orientation to ensure safe and orderly transfer or discharge
- Notice of the right to return to the facility after hospitalization or therapeutic leave

Moundridge Manor, Inc.

REFERENCE FILE: VOLUNTEER ORIENTATION

END